# The Benefits of Online (Remote) Invigilation

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*Online invigilation, also known as remote proctoring, refers to the supervision of assessments and examinations through digital platforms. This approach has become increasingly popular in recent years, especially with the rise of online learning and remote education. There are several significant benefits to using online invigilation for educational institutions, students, and exam providers.*

## Accessibility and Flexibility

One of the most notable advantages of online invigilation is the ability for students to sit exams from **almost any location** - with an internet connection. This is particularly valuable for students who live in remote areas, have mobility challenges, or are balancing study with work or family commitments. **Flexible scheduling** also allows for a more inclusive exam experience, accommodating various time zones and personal circumstances.

## Cost and Time Savings

Traditional in-person invigilation often requires hiring venue staff, booking physical spaces, and covering travel expenses for both students and invigilators. Online invigilation **reduces or eliminates these costs**, making it a more economical option for educational providers. Students also benefit by **saving time and money on travel and accommodation** that may otherwise be necessary for in-person exams.

**Security and Integrity**

Modern online invigilation platforms use a combination of technologies—such as webcam monitoring, screen recording, and AI-driven behaviour analysis—to **detect and prevent cheating**. These measures help to **maintain the integrity of the assessment process** and ensure that results are a true reflection of a student's knowledge and abilities.

**Scalability**

Online invigilation allows institutions to **administer exams to large numbers of students simultaneously**, regardless of their physical location. This scalability is especially beneficial for universities and professional certification bodies with candidates spread across the country or even globally.

**Environmental Benefit**

By reducing the need for paper-based exams, travel, and large physical testing centres, online invigilation contributes to a **smaller carbon footprint**. This aligns with sustainability goals and reduces the overall environmental impact of the assessment process.

**Record Keeping and Review**

Online proctoring systems typically record exam sessions, allowing for review if any academic integrity concerns arise. This **digital record-keeping** can provide valuable evidence and support fair decision-making in cases of disputes or appeals.

*Online invigilation offers a range of benefits that make it an attractive option for modern education and certification. By improving accessibility, reducing costs, enhancing security, and supporting sustainability, it provides a flexible and efficient alternative to traditional in-person exam supervision.*

Also worth reading -

Invigilated exams – ensuring integrity and equity is assessment - [Invigilated exams - ensuring integrity and equity in assessment — invigilatorPlus Blog](#)

Online invigilation – key considerations (May 2025) [Online invigilation – key considerations — invigilatorPlus Blog](#)

Ensuring academic integrity and compliance in the online proctoring environment (May 2025) - [Ensuring academic integrity and compliance in the online proctoring environment — invigilatorPlus Blog](#)

All a matter of integrity despite the mode of delivery (April 2025) - [All a matter of integrity despite the mode of delivery — invigilatorPlus Blog](#)

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